UUP IMPORTANT TELEPHONE NUMBERS and WEB ADDRESSES

ORGANIZATION & ADDRESS	PHONE & FAX	WEB ADDRESS
UUP ADMINISTRATIVE OFFICE	800-342-4206/518-640-6600	www.uupinfo.org
PO Box 15143, Albany, NY 12212-5143	866-812-9446/518-640-6698 (Fax)	
UUP BENEFIT TRUST FUND	800-887-3863/518-640-6680	www.uupinfo.org/benefits.html
PO Box 15143, Albany, NY 12212-5143	866-559-0516/518-640-6699 (Fax)	
CIGNA Dental PPO * (Group# 3214192)	800-481-1213 - Press 1	www.cigna.com
PO Box 188037, Chattanooga, TN 37422-8037		
CIGNA Dental DHMO *	800-481-1213 - Press 2	www.cigna.com
DAVIS VISION * PO BOX 1525, Latham, NY 12210	800-999-5431	www.davisvision.com
DAVIS VISION Laser Vision Correction * *(Client Code 7512)*	800-584-2866	
SCHOLARSHIP PROGRAM *	800-887-3863	To download an application:
PO Box 15143, Albany, NY 12212-5143		www.uupinfo.org/benefits/forms.html
**** For Benefit Trust Fund eligibility, employees must be eligible for enrollment in the New York State Health Insurance Program (NYSHIP)***		
EMPIRE PLAN	877-769-7447- **Main Phone Number**	www.cs.state.ny.us/ebd
United HealthCare *(Medical/Surgical)*	877-769-7447 - Press 1	
HCAP *(Home Care Advocacy Program/Equipment/Supplies)*	877-769-7447 - Press 1	
MultiPlan *(Basic Medical Provider Discount Program)*	877-769-7447 - Press 1	www.cs.state.ny.us/ebd
MPN *(Chiropractic and Physical Therapy Managed Program)*	877-769-7447 - Press 1	
Benefits Management Program *(MRI Pre-certification)*	877-769-7447 - Press 1	
Infertility Treatment *(Centers of Excellence)*	877-769-7447 - Press 1	
CAM *(Complementary/Alternative Medicine Program)*	877-769-7447 - Press 1	www.empireplancam.com
Empire BCBS *(Hospital/Inpatient/Nursing/Transplant Pre-certification)*	877-769-7447 - Press 2	
ValueOptions *(Psychiatric and Substance Abuse Pre-certification)*	877-769-7447 - Press 3	
Empire BC/BS and Caremark *(Prescription and Mail Order Pharmacy)*	877-769-7447 - Press 4	www.cs.state.ny.us/ebd
Nurseline *(Health Information, Education and Support 24 Hours a Day)*	877-769-7447 - Press 5	
HMO PARTICIPANTS	Call your HMO	
RETIREMENT SYSTEMS *(Pensions)*		
•NYS Employees' Retirement System	866-805-0990	www.osc.state.ny.us
•NYS Teachers' Retirement System	800-348-7298	www.nystrs.org
•Optional Retirement Programs		
ING	800-677-4636	www.INGretirementplans.com/custom/suny
TIAA-CREF	800-842-2776	www.tiaa-cref.org
Metropolitan	800-638-5433	www.metlife.com
VALIC	800-448-2542	www.valic.com
TAX DEFERRED RETIREMENT SAVINGS		
ING Opportunity Plus 403(b)	800-677-4636	www.INGretirementplans.com/custom/nysut
NYS Deferred Compensation Plan 457(b)	800-422-8463	www.nysdcp.com
NEW YORK STATE UNITED TEACHERS (NYSUT)		
General Information	800-342-9810	www.nysut.org
Member Benefits	800-626-8101	www.memberbenefits.nysut.org
AMERICAN FEDERATION OF TEACHERS (AFT)	800-238-1133	www.aft.org
WORKERS' COMPENSATION/SOCIAL SECURITY DISABILITY		
Fine, Olin and Anderman (Legal Representation)	866-362-4887	www.foalaw.com
LIFEWORKS - 24 hour consultations for everyday issues	800-362-9874	www.lifeworks.com (ID:nys; Password: 2670)
FLEX SPENDING ACCOUNT		www.flexspend.state.ny.us
Dependent Care Advantage Account (DCAA)	800-358-7202	
Health Care Spending Account (HCSA)	800-342-8017	
NEW YORK STATE DEPARTMENT OF CIVIL SERVICE		
Division of Employee Benefits, Alfred E. Smith State Office Building, 80 South Swan Street, Albany, NY 12239	800-833-4344	www.cs.state.ny.us/ebd
NYS/UUP JOINT LABOR/MANAGEMENT OFFICE	518-457-1198	www.uup.lmc.state.ny.us
NEW YORK STATE TAX INFORMATION *(Pension/Annuities)*	800-225-5829	www.nystax.gov